

The perfect explorer's rucksack

Ready for an outing in the country or in the forest?
Make sure you have everything you need in your rucksack.

a flask
some tissues
an apple
a cereal bar
a few plasters
a bandana
bits of string
a torch

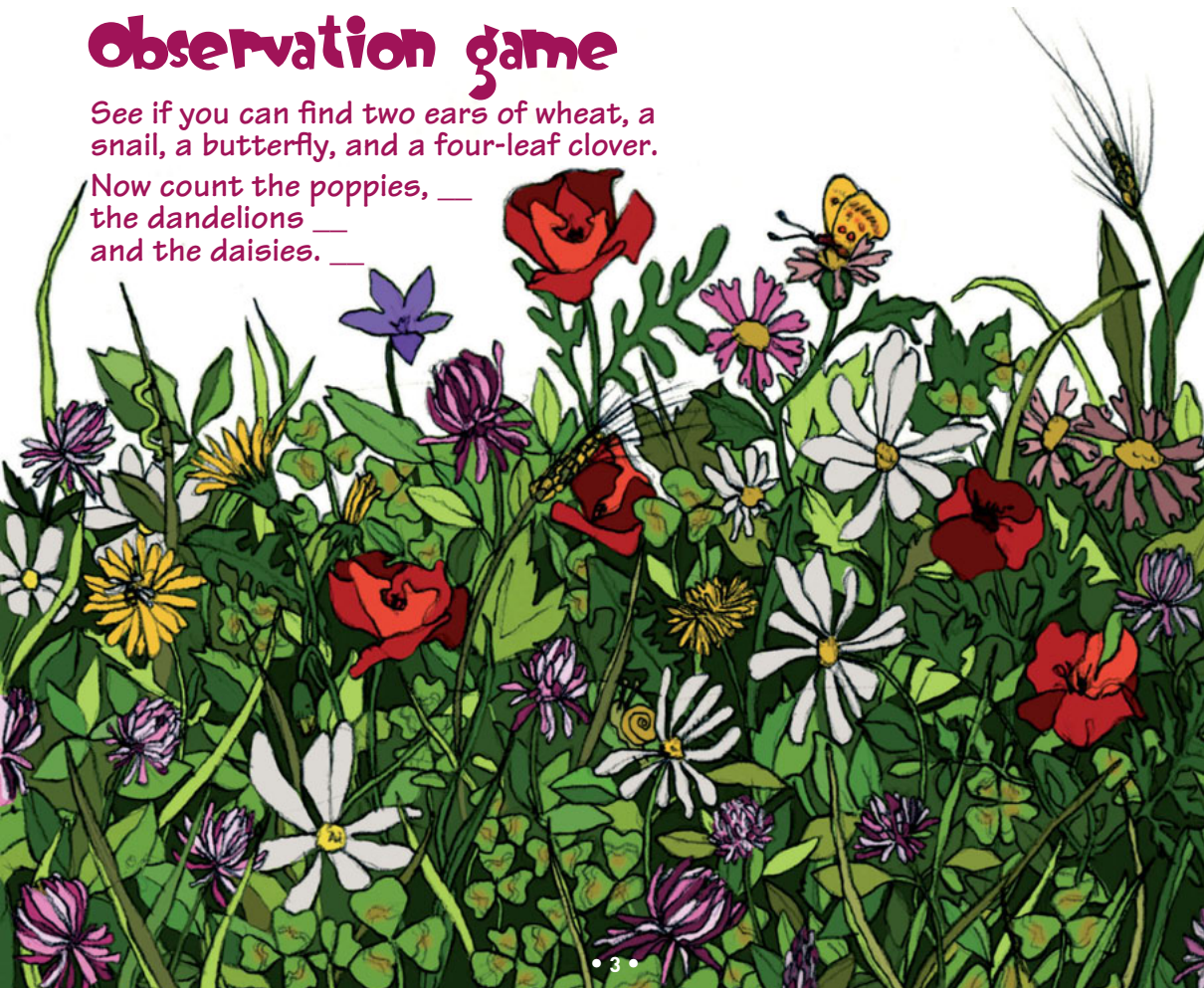
a small bottle of disinfectant
a mobile phone
a notepad and a pencil
a small plastic bag
a pair of binoculars
a camera



Observation game

See if you can find two ears of wheat, a snail, a butterfly, and a four-leaf clover.

Now count the poppies, __
the dandelions __
and the daisies. __

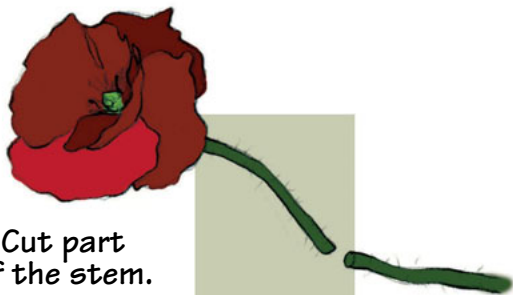


Make a poppy-doll

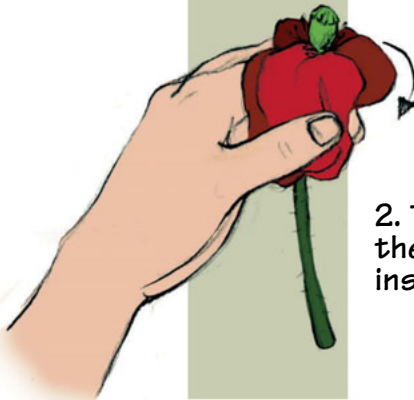
Pick a poppy and a blade of grass, and then...

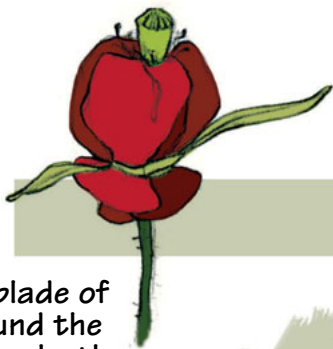


1. Cut part of the stem.



2. Turn the petals inside out.





3. Tie the blade of grass around the petals to make the skirt.



4. Slip the bit of stem through the petals to make the arms.



Duck duck goose

Who will be the goose?

The players sit in a circle, facing one another, while another player, the 'fox', walks around pointing to each player in turn (or tapping them on the head),



calling each a 'duck' until he picks one to be a 'goose'. The 'goose' then gets up and runs to try and reach the spot where the 'fox' had

been sitting. If the 'goose' fails, he becomes the new 'fox'... and the game goes on.

